



## Attention Grabbing Activities

Activity	Resources <sup>1</sup>	Instructions <sup>2</sup>	Language
Cornflour Drip	<ul style="list-style-type: none"> <li>○ Cornflour</li> <li>○ Water</li> <li>○ Food colouring</li> <li>○ Pizza tray (with holes)</li> </ul>	<ol style="list-style-type: none"> <li>1. Mix cornflour &amp; water, drip a couple of times</li> <li>2. Add colour &amp; mix, drip a couple of times</li> <li>3. Pour onto tray &amp; drip onto shower curtain</li> </ol>	<ul style="list-style-type: none"> <li>✓ Mix(ing)</li> <li>✓ Drip</li> <li>✓ Colour name</li> </ul>
Lemonade Fountain	<ul style="list-style-type: none"> <li>○ Large bottle of lemonade (preferably chilled)</li> <li>○ Food colouring</li> <li>○ Glitter</li> <li>○ Salt</li> </ul>	<ol style="list-style-type: none"> <li>1. Open bottle &amp; build anticipation</li> <li>2. Add colour &amp; glitter; watch them blend in</li> <li>3. Then add salt &amp; watch the fountain!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Open</li> <li>✓ Colour name</li> <li>✓ Glitter</li> <li>✓ Pouring</li> <li>✓ Ready steady go (salt)</li> </ul>
Flour Shake	<ul style="list-style-type: none"> <li>○ Flour (?with glitter or powder paint)</li> <li>○ Sieve</li> <li>○ Black paper</li> <li>○ Plastic shapes (optional)</li> </ul>	<ol style="list-style-type: none"> <li>1. Place shapes onto black paper, naming them</li> <li>2. Pour flour into sieve &amp; shake over shapes</li> <li>3. Remove shapes and see pattern on paper</li> <li>4. Shake flour over to cover paper</li> <li>5. Draw shapes in flour with fingers</li> <li>6. Can just have flour onto paper, without shapes</li> </ol>	<ul style="list-style-type: none"> <li>✓ Shape names</li> <li>✓ Flour</li> <li>✓ Shake</li> </ul>
Sand shapes	<ul style="list-style-type: none"> <li>○ Coloured sand</li> <li>○ Funnel</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour sand into funnel</li> <li>2. Make shapes/pattern on curtain</li> </ol>	<ul style="list-style-type: none"> <li>✓ Sand</li> <li>✓ Pour</li> <li>✓ Shape names</li> </ul>
Sparkly Tower	<ul style="list-style-type: none"> <li>○ Boxes (?different sizes) covered in colourful paper with sparkly numbers on side (and/or numicon shapes)</li> </ul>	<ol style="list-style-type: none"> <li>1. Stack boxes</li> <li>2. Knock down tower</li> </ol>	<ul style="list-style-type: none"> <li>✓ Numbers</li> <li>✓ Ready steady (go)</li> <li>✓ Fall down</li> </ul>
Tissue waterfall	<ul style="list-style-type: none"> <li>○ Cardboard cone (hole in bottom)</li> <li>○ Hose or pipe</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour shapes into cone</li> <li>2. Blow through pipe into bottom of cone and</li> </ol>	<ul style="list-style-type: none"> <li>✓ Shapes</li> <li>✓ 1,2,3 or ready steady</li> </ul>



	<ul style="list-style-type: none"> <li>○ Tissue paper or foil shapes</li> </ul>	watch them float!	✓ Blow
Rice Tube	<ul style="list-style-type: none"> <li>○ Coloured rice/beans</li> <li>○ Clear tube (can make from empty laminate sleeve)</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour rice/beans into tube in alternating colour layers if more than 1 colour</li> <li>2. Ready steady go ☑ pull up tube</li> <li>3. Draw shapes in rice/beans on shower curtain</li> </ol>	<ul style="list-style-type: none"> <li>✓ Rice/beans</li> <li>✓ Pour(ing)</li> <li>✓ 1,2,3 or ready steady go</li> </ul>
Balloon Drop	<ul style="list-style-type: none"> <li>○ Weighted balloons (e.g. with rice inside), possibly numbered</li> <li>○ Large clear tube to fit balloons</li> <li>○ Chair</li> </ul>	<ol style="list-style-type: none"> <li>1. Stand on chair and drop balloons through tube in number order</li> <li>2. (Can just drop to floor if no tube – helps if balloons made a bit heavier)</li> </ol>	<ul style="list-style-type: none"> <li>✓ Balloon</li> <li>✓ 1,2,3 or ready steady drop</li> </ul>
Balloon Pop (Be aware of children with noise sensitivities)	<ul style="list-style-type: none"> <li>○ Balloons with surprises inside, e.g. rice, tissue paper, foil, flour, etc.</li> <li>○ String or washing line attached at appropriate height</li> <li>○ Pegs to attach balloons to string</li> <li>○ Pin or something sharp for popping</li> </ul>	<ol style="list-style-type: none"> <li>1. Hang balloons onto string – could be numbered for order if relevant to children</li> <li>2. Pop them one at a time and see what comes out! (need shower curtain underneath!)</li> </ol>	<ul style="list-style-type: none"> <li>✓ 1,2,3 or ready steady pop</li> </ul>
Magic Milk	<ul style="list-style-type: none"> <li>○ Full fat milk</li> <li>○ Tray</li> <li>○ Food colouring</li> <li>○ Fairy liquid</li> <li>○ Cotton buds</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour milk into tray</li> <li>2. Add splodges of food colouring</li> <li>3. Dip cotton bud into fairy liquid &amp; then onto food colouring in milk &amp; it will magically disperse!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Milk</li> <li>✓ Colours</li> <li>✓ 1,2,3 or ready steady etc.</li> </ul>
Tornado Tube	<ul style="list-style-type: none"> <li>○ 2 large empty bottles</li> <li>○ Connector to join bottles</li> <li>○ Water</li> <li>○ Food colouring</li> <li>○ Glitter</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour water into one bottle – slowly to build anticipation</li> <li>2. Add food colouring and glitter – again slowly</li> <li>3. Screw on connector &amp; other bottle</li> <li>4. Shake/spin to create tornado!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pour</li> <li>✓ Sprinkle (glitter)</li> <li>✓ Turn (when screwing on bottle)</li> <li>✓ Tornado tube</li> <li>✓ Ready steady Shake/spin</li> </ul>



Magic Tube	<ul style="list-style-type: none"> <li>○ Plastic tube bags (polybags.co.uk and search 'layflat tubing')</li> <li>○ Scissors</li> <li>○ Water</li> <li>○ Food colouring &amp; glitter</li> <li>○ Or could use e.g. custard, rice pudding, cooked spaghetti, etc...</li> </ul>	<ol style="list-style-type: none"> <li>1. Pull tubing from roll (building anticipation!) until you get to desired length, then cut</li> <li>2. Tie knot in the end</li> <li>3. Add water, food colouring &amp; glitter</li> <li>4. Tie knot in the other end</li> <li>5. Squeeze bag, move around etc.</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pull...Stop!</li> <li>✓ Squeeze</li> </ul>
Rainbow	<ul style="list-style-type: none"> <li>○ Water in clear jugs or bottles</li> <li>○ Food colouring (?glitter also)</li> <li>○ Watering cans</li> </ul>	<ol style="list-style-type: none"> <li>1. Add food colouring (?+ glitter) to water</li> <li>2. Pour into watering cans</li> <li>3. Pour onto shower curtain in rainbow shape</li> </ol>	<ul style="list-style-type: none"> <li>✓ Colours</li> <li>✓ Pouring</li> <li>✓ Rainbow</li> </ul>
Dancing Raisins	<ul style="list-style-type: none"> <li>○ Large bottle of lemonade, chilled</li> <li>○ Raisins</li> <li>○ Food colouring (optional)</li> <li>○ Salt (optional)</li> </ul>	<ol style="list-style-type: none"> <li>1. Add food colouring to lemonade if required.</li> <li>2. Add raisins &amp; watch them dance!</li> <li>3. Could then also add salt &amp; watch fountain!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Up/down</li> </ul>
Lava Lamp	<ul style="list-style-type: none"> <li>○ Clear jug or large glass</li> <li>○ Chilled lemonade</li> <li>○ Sunflower oil</li> <li>○ Salt</li> <li>○ Pipettes or straws</li> <li>○ Various food colouring</li> </ul>	<ol style="list-style-type: none"> <li>1. Fill jug <math>\frac{3}{4}</math> full with oil</li> <li>2. Add lemonade</li> <li>3. Use pipette or straw to add a few drops of food colouring and watch the blob drop down</li> <li>4. Slowly add salt – when it reaches the lemonade at the bottom it will fizz up and mix with oil &amp; food colouring – maybe it will even explode!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pour/glug</li> <li>✓ Drip</li> </ul>
Patty Cake	<ul style="list-style-type: none"> <li>○ Clear bowl</li> <li>○ Flour</li> <li>○ Spoon</li> <li>○ Lentils</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour flour into mixing bowl</li> <li>2. Add lentils</li> <li>3. Add food colouring to water and pour into bowl</li> </ol>	<ul style="list-style-type: none"> <li>✓ Mixing, stirring</li> </ul>



	<ul style="list-style-type: none"> <li>☑ Water</li> <li>○ ☑ Food colouring</li> </ul>	<p>4. Stir the mixture well</p> <p>Roll into balls and pass to children to play with</p>	
Fireworks	<ul style="list-style-type: none"> <li>○ Black paper</li> <li>○ Clear cup</li> <li>○ Bottle of cold water (?+food colouring)</li> <li>○ Old photo film containers</li> <li>○ Vitamin C tablets (effervescent)</li> <li>○ Glitter</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour some water into film canister</li> <li>2. Add vitamin C tablet</li> <li>3. Put lid on canister and place onto paper</li> <li>4. Sprinkle glitter on top of lid</li> <li>5. Wait for the lid to pop off!</li> </ol> <p>(Could make it safer by letting it pop inside a clear box, which could have water in bottom)</p>	<ul style="list-style-type: none"> <li>✓ Pour, sprinkle</li> <li>✓ Snap (lid)</li> <li>✓ Ready steady...Pop!</li> </ul>
<p>Fish in the Sea</p> <p>Can be adapted to e.g. pigs in mud, snakes in grass, etc.</p>	<ul style="list-style-type: none"> <li>○ Water (in clear jug or bottle)</li> <li>○ Blue food colouring</li> <li>○ Watering can</li> <li>○ Tissue paper or foil fish shapes</li> </ul>	<ol style="list-style-type: none"> <li>1. Add food colouring to water</li> <li>2. Pour water into watering can</li> <li>3. Pour water onto shower curtain – stand on chair to get more height which creates better sound!</li> <li>4. Sprinkle fish onto water</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pour</li> <li>✓ Fish</li> <li>✓ Sprinkle</li> <li>✓ 1,2,3 or ready steady</li> </ul>
Tapioca Tumble/Seed Sprinkle	<ul style="list-style-type: none"> <li>○ Black tray with low sides</li> <li>○ Plastic shot glasses</li> <li>○ Tapioca/dried pasta/rice/lentils/beans</li> <li>○ Long clear tube (could be made from empty laminating pouch)</li> <li>○ Drum/tambourine/bowl of water</li> </ul>	<ol style="list-style-type: none"> <li>1. Place drum/tambourine/bowl of water on floor and shot glasses to side</li> <li>2. Pour tapioca {etc.} into shot glasses</li> <li>3. Hold clear tube and block off one end with hand</li> <li>4. Pour tapioca into tube glass by glass</li> <li>5. When full, gradually release hand and let tapioca fall onto drum/tambourine/water</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pour, shake</li> <li>✓ (Counting)</li> <li>✓ Ready steady go</li> </ul>
Bottle Art	<ul style="list-style-type: none"> <li>○ Clear sports bottles, with bottoms attached to string</li> <li>○ Water</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour water into sports bottles</li> <li>2. Add food colouring, different colour per bottle</li> <li>3. Place lids on bottles, leave spouts open</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pouring</li> <li>✓ Colours</li> <li>✓ Numbers (count bottles)</li> </ul>



	<ul style="list-style-type: none"> <li>○ Food colouring (colour per sport bottle)</li> </ul>	<ol style="list-style-type: none"> <li>4. Lift up by the string and jiggle over shower curtain, making pattern with colours</li> </ol>	<ul style="list-style-type: none"> <li>✓ Ready steady shake/jiggle</li> </ul>
Rainbow Rain	<ul style="list-style-type: none"> <li>○ 2 black trays</li> <li>○ Fork</li> <li>○ Corn flour</li> <li>○ Water</li> <li>○ Food colouring</li> <li>○ Glitter</li> </ul>	<ol style="list-style-type: none"> <li>1. Mix cornflour &amp; water and pour into one tray</li> <li>2. Pour drops of food colouring onto mixture – use different colours</li> <li>3. Roughly mix the colour into the flour but not fully</li> <li>4. Put other tray upside down on top of first tray</li> <li>5. Turn over trays, then slowly pull off top one and watch the coloured rain drip down.</li> </ol>	<ul style="list-style-type: none"> <li>✓ Mix</li> <li>✓ Drip</li> <li>✓ Rain</li> <li>✓ Colours</li> </ul>
Colour Spin	<ul style="list-style-type: none"> <li>○ Black paper (A3 size or so)</li> <li>○ Lazy Susan (rotating tray) – clear</li> <li>○ 3 small clear bottles of paint</li> </ul>	<ol style="list-style-type: none"> <li>1. Put black paper onto shower curtain and Lazy Susan on top</li> <li>2. Spin the Lazy Susan as quickly as you can</li> <li>3. Squirt paint, starting from middle of LS and moving out to edge. Repeat with different colours</li> </ol>	<ul style="list-style-type: none"> <li>✓ Pouring</li> <li>✓ Spinning</li> <li>✓ Colours</li> </ul>
Flour Castles	<ul style="list-style-type: none"> <li>○ Black paper (or tray with low edges)</li> <li>○ Flour</li> <li>○ Glitter</li> <li>○ Containers of various shapes and sizes</li> </ul>	<ol style="list-style-type: none"> <li>1. Lay black paper on floor/shower curtain</li> <li>2. Sprinkle some glitter into a container, then fill it with flour – squash it down fairly firmly</li> <li>3. Place container upside down onto paper</li> <li>4. Lift container away and see the flour castle!</li> <li>5. Make a few, then knock them down!</li> </ol>	<ul style="list-style-type: none"> <li>✓ Sprinkle</li> <li>✓ Pour</li> <li>✓ Squash/pat</li> <li>✓ Sizes/shapes of castles</li> <li>✓ 1,2,3 or Ready steady squash</li> <li>✓ All gone</li> </ul>
Rice Fireworks	<ul style="list-style-type: none"> <li>○ Coloured rice</li> <li>○ Black paper or tray</li> </ul>	<ol style="list-style-type: none"> <li>1. Drop the rice onto the paper or tray from a height enough for it to bounce as it lands</li> </ol>	<ul style="list-style-type: none"> <li>✓ 1,2,3 or ready steady go</li> </ul>
Cotton Wool Plop	<ul style="list-style-type: none"> <li>○ Cotton wool balls</li> <li>○ Water</li> </ul>	<ol style="list-style-type: none"> <li>1. Mix food colouring into water</li> <li>2. Dip cotton wool balls into coloured water</li> </ol>	<ul style="list-style-type: none"> <li>✓ Mix</li> <li>✓ Colours</li> </ul>



	<ul style="list-style-type: none"> <li>○ Food colouring (Could use paint instead of water &amp; fc)</li> </ul>	3. Drop drenched cotton balls onto shower curtain	✓ 1,2,3 or ready steady drop
Slow Drop	<ul style="list-style-type: none"> <li>○ Clear tube (could be made from an empty laminating pouch)</li> <li>○ Shaving foam</li> <li>○ Coloured straw/beans/ small objects</li> </ul>	<ol style="list-style-type: none"> <li>1. Place tube down and hold so end is closed off</li> <li>2. Squirt some shaving foam into tube</li> <li>3. Drop items in and watch them fall slowly</li> </ol>	<ul style="list-style-type: none"> <li>✓ Squirt</li> <li>✓ 1,2,3 or ready steady drop</li> </ul>
Shiny Sprinkle	<ul style="list-style-type: none"> <li>○ Metallic paper slices or confetti</li> <li>○ Clear tube/bottle (with water optional)</li> </ul>	1. Pour metallic pieces down tube or into water	<ul style="list-style-type: none"> <li>✓ Colours</li> <li>✓ Pouring</li> </ul>
Umbrella Spin	<ul style="list-style-type: none"> <li>○ Water</li> <li>○ Food colouring</li> <li>○ Watering can</li> <li>○ Clear umbrella</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour food colouring into water</li> <li>2. Pour coloured water into watering can</li> <li>3. Open umbrella upside down and spin over the shower curtain</li> <li>4. Then pour coloured water into it</li> </ol>	<ul style="list-style-type: none"> <li>✓ Colours</li> <li>✓ Pouring</li> <li>✓ Spinning</li> <li>✓ Ready steady</li> </ul>

<sup>1</sup> **Use a shower curtain each time**, even if activity is not messy as this provides clear structure as well as defining a space for you to work in.

<sup>2</sup> **Remember to build anticipation** with pauses and doing actions slowly! Introduce each resource with excitement, e.g. shake flour around in container, etc.